

HEALTHY START

AVOCADO TOAST

Whole Wheat Toast, Cherry Tomato Compote 13
Add Smoked Salmon 5-

STEEL-CUT OATMEAL

Fresh Blueberries, Toasted Almonds 8-

COASTAL PARFAIT

Strawberry Greek Yogurt, Housemade Honey Granola,
Fresh Berries 9-

SEASONAL FRUIT & BERRIES

Strawberry Yogurt 10-

TRADITIONAL

Served with Your Choice of Toast, Breakfast Potatoes or
Fresh Seasonal Fruit

COASTAL MORNING

Two Farm Fresh Eggs Your Style, Choice of
Applewood Smoked Bacon, Pork or Turkey Sausage 15-

EDGEWATER OMELET

Egg Whites, Sun-Dried Tomatoes, Baby Spinach,
Goat Cheese 17-

CREATE-YOUR-OWN OMELET

Choose Two: Applewood Smoked Bacon, Pork Sausage,
Smoked Ham, Andouille, Tomato, Mushrooms,
Sweet Peppers, Baby Spinach, Onions

Choose One Cheese: Cheddar, Provolone, Brie, Goat 16-

EGG SANDWICH

Fried or Scrambled Eggs on an English Muffin,
Applewood Smoked Bacon, Melted American Cheese 14-

BENEDICT ROAD

Served with Choice of Breakfast Potatoes or Fresh Seasonal Fruit

TRADITIONAL

Soft Poached Eggs, Toasted English Muffin,
Grilled Smoked Ham, Hollandaise 16-

SHORELINE

Soft Poached Eggs, Toasted English Muffin,
Griddled Crab Cake, Old Bay Hollandaise 18-

FIESTA

Soft Poached Eggs, Toasted English Muffin,
Cotija Cheese, Chorizo, Chipotle Hollandaise 16-

CALIFORNIA

Soft Poached Eggs, Sliced Heirloom Tomato,
Avocado, Hollandaise 15-

Many items on this menu contain ingredients that are not listed;
please inform your order taker of any food allergies or dietary
restrictions before you place your order.

Consumption of raw or undercooked food may result in an
increased risk of foodborne illness.

COMFORT ZONE

BUTTERMILK PANCAKES

Fresh from the
Griddle with
Chocolate Chips,
Seasonal Berries or Bananas,
Warm Maple Syrup 15-

BELGIAN WAFFLE

Fresh Off the Iron, Seasonal Berries,
Whipped Cream, Warm Maple Syrup 15-

SUNSHINE FRENCH TOAST

Vanilla-Battered Challah Bread, Powdered Sugar,
Warm Maple Syrup 15-

ETC.

CEREAL

Special K, Frosted Flakes, Froot Loops, Raisin Bran,
Cheerios, Honey Nut Cheerios, Rice Krispies,
Apple Jacks 6-
Add Bananas or Fresh Berries 8-

TOAST

Choice of: Croissant, English Muffin, Wheat,
White or Rye Toast 4-

BAGEL & CREAM CHEESE 5-

APPLEWOOD SMOKED BACON, SMOKED HAM, PORK OR TURKEY SAUSAGE 7-

HOUSEMADE POTATOES 5-

FRESH SEASONAL FRUIT 7-

HYDRATIONS/BARISTA

GREEN SMOOTHIE

Kale, Banana, Apple, Spinach, Almond Milk,
Honey 8-

FRESH ORANGE, FRESH GRAPEFRUIT JUICE 6-

CAPPUCCINO OR LATTE 6-

MILK

Whole, Skim, 2%, Almond 4-

HERBAL TEA 5-

MIMOSA

A Split of La Marca Prosecco with
Freshly Squeezed Orange Juice 12-

GULFSIDE MARY – “House Specialty”

Tito's Handmade Vodka, V8 Juice, Horseradish,
Pepper, Freshly Squeezed Lemon & Lime Juices,
Sriracha and a Dash of Specialty Spice Blend,
garnished with “Filthy” Pickle Stuffed Olive,
Crisp Celery, Lemon & Lime Wedges 12-

BLUE ZONES® INSPIRED

Blue Zones® Project is a community-led wellness initiative to
make healthy choices easier. Look for the blue checkmark
for great-tasting plant-based items.
To learn more please visit bluezonesproject.com
To Go boxes available any time.